

# PSYCHOTHERAPY ASSOCIATES • NEW PATIENT INFORMATION

To help us meet your needs, please fill out this form completely.  
If you have questions or need assistance, please ask and we will be happy to help.

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Today's Date

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## Patient Information

Name _____		<input type="checkbox"/> Male <input type="checkbox"/> Female (binary gender selection for insurance purposes only)	____/____/____ Date of Birth
Address _____		City _____	State _____ Zip _____
Telephone, Home _____	May we leave a message with whomever answers? <input type="checkbox"/> Yes <input type="checkbox"/> No	May we leave a voicemail message? <input type="checkbox"/> Yes <input type="checkbox"/> No	_____ Email Address
Telephone, Cell _____	May we leave a voicemail message? <input type="checkbox"/> Yes <input type="checkbox"/> No		_____ Social Security #
Telephone, Work _____	May we leave a message with whomever answers? <input type="checkbox"/> Yes <input type="checkbox"/> No	May we leave a voicemail message? <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Full-time Student <input type="checkbox"/> Part-time Student
School/College (if patient is student): _____		City _____	State _____ Zip _____

Referred By (if applicable) _____	Primary Care Physician _____
I <input type="checkbox"/> authorize <input type="checkbox"/> decline to authorize communication between my psychotherapist and referral source, if appropriate.	
I <input type="checkbox"/> authorize <input type="checkbox"/> decline to authorize communication between my psychotherapist and primary care physician.	

Patient Employer _____	Employer Address _____
<u>Circle One:</u> Minor    Single    Married    Divorced    Separated    Widowed	
Preferred pronouns:                    he/him                    she/her                    they/them                    other: _____	

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## Spouse – Parent – Significant Other

<input type="checkbox"/> Spouse	_____	____/____/____ Date of Birth		
<input type="checkbox"/> Parent/Guardian	Name _____			
<input type="checkbox"/> Other				
Address _____		City _____	State _____	Zip _____
Telephone, Home _____	May we leave a message with whomever answers? <input type="checkbox"/> Yes <input type="checkbox"/> No	May we leave a voicemail message? <input type="checkbox"/> Yes <input type="checkbox"/> No	_____ Email Address	
Telephone, Cell _____	May we leave a voicemail message? <input type="checkbox"/> Yes <input type="checkbox"/> No		_____ Social Security #	

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Employer

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Employer Address

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Telephone, Work

May we leave a message with whomever answers?  Yes  No

May we leave a voicemail message?  Yes  No

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Person to Contact in Emergency

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Telephone

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**Person Financially Responsible for Patient's Medical Care:**  Self  Other (please specify):

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Primary Health Insurance

Do you have Medicare?  Yes  No

Do you have Medicaid?  Yes  No

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Insurance Company

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Name of Insured Individual

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Employer

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Identification Number

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Date of Birth

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Social Security Number

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Relationship to Patient

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Additional Health Insurance

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Insurance Company

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Name of Insured Individual

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Employer

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Identification Number

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Date of Birth

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Social Security Number

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Relationship to Patient

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Health History

Medication Currently Used:  
Name

Dosage

Frequency

Prescribed By:

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Sources of Past Mental Health Treatment or Counseling:  
Name

Dates

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## Authorizations and Acknowledgments

- I have received a copy of *Welcome to Psychotherapy Associates* which lists my rights and responsibilities as a patient, including my privacy rights under the Health Information Health Insurance Portability and Accountability Act.
- Assignment of Insurance Benefits: I authorize the release of any information relating to all claims for benefits submitted on behalf of myself or my dependents. My signature on this document authorizes Psychotherapy Associates to submit claims and understand that I will be bound by this signature as though I had personally signed the particular claim. I hereby assign directly to Psychotherapy Associates all benefits otherwise payable to me for services rendered. I understand that any insurance benefits received by Psychotherapy Associates on my behalf will be credited to my account in accordance with the above agreement.
- Authorization to Release Information to Nebraska Medical Assistance Program or Its Designees (if applicable): I authorize the release of confidential information regarding my condition and treatment, or that of my dependent, to Nebraska Medicaid representatives and acknowledge understanding that this is a condition of use of my Medicaid mental health treatment benefits.
- I understand and agree that, regardless of my health insurance coverage, I am responsible for the balance of my account for any professional services rendered.
- **I understand and agree that I may be charged at the discretion of Psychotherapy Associates, for any appointment I do not keep and do not cancel at least 24 hours in advance. I acknowledge that charges for no-show or late-canceled appointments are not covered by health insurance and are my responsibility in full.**
- I understand and agree that failure to pay the balance of my account in a timely manner may result in the release of non-clinical contact and billing information to a collection agency.
- By virtue of providing my e-mail address and/or cellular telephone number, I authorize their use as a means of communication between Psychotherapy Associates and me and acknowledge that Psychotherapy Associates is unable to ensure complete privacy of communication via either means, or via any electronic media through which I communicate with Psychotherapy Associates.
- I authorize the exchange of confidential information regarding my condition and treatment, or that of my dependent, to all Psychotherapy Associates clinicians for the purposes of providing emergency care and treatment continuity.
- Authorization to Treat Minor (if applicable): I authorize treatment of my minor child or ward, named as patient in this document.
- I certify that this information is true and complete to the best of my knowledge. I understand that it is my responsibility to notify Psychotherapy Associates of any changes in the above information.
- *See attachment for Telehealth session permission/release.*

Would you like to receive text message reminders the day before your appointment?       Yes       No

Therapist you see: \_\_\_\_\_

Phone number to receive text message reminders: \_\_\_\_\_ - \_\_\_\_\_

Cell phone provider \_\_\_\_\_

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Signature

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Date

## CONSENT FOR TELEHEALTH CONSULTATION

1. I understand that my health care provider is offering for me to engage in a telehealth consultation.
2. My health care provider explained to me how the video conferencing technology that will be used to affect such a consultation will not be the same as a direct client/health care provider visit, primarily due to not being in the same room as my provider.
3. I understand that a telehealth consultation has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.
4. I understand there are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties. I understand that my health care provider or I can discontinue the telehealth consult/visit if it is felt that the videoconferencing connections are not adequate for the situation.
5. I have had a direct conversation with my provider, during which I had the opportunity to ask questions regarding this procedure. My questions have been answered and the risks, benefits and any practical alternatives have been discussed with me in a language in which I understand.

## CONSENT TO USE TELEHEALTH BY SimplePractice, Doxy.me, Zoom, telephone, or other appropriate, adequate, and available audio and/or video conferencing service

Telehealth by Doxy.me and/or Zoom are the technology services we will primarily use to conduct most telehealth videoconferencing appointments. It is simple to use and is accessible by computers or smart phones with a webcam and microphone. If Doxy.me and/or Zoom services are unavailable for reasons that deem other telehealth videoconferencing platforms more appropriate, by signing this document, I acknowledge:

1. Telehealth by any videoconferencing service is NOT an Emergency Service and in the event of an emergency, I will use a phone to call 911.
2. Though my provider and I may be in direct, virtual contact through the telehealth videoconferencing platform being utilized, no telehealth service provides any medical or healthcare services or advice including, but not limited to, emergency or urgent medical services.
3. The telehealth videoconferencing service used during my appointment will only facilitate videoconferencing and is not responsible for the delivery of any healthcare, medical advice, or care.
4. I do not assume that my provider has access to any or all of the technical information for the telehealth videoconferencing service – or that such information is current, accurate or up to date.
5. To maintain confidentiality, I will not share my telehealth appointment link with anyone unauthorized to attend the appointment.

By signing this form, I certify:

- that I have read or had this form read and/or had this form explained to me
- that I fully understand its contents including the risks and benefits of the telehealth videoconferencing used during my appointment.
- that I have been given ample opportunity to ask questions and that any questions have been answered to my satisfaction.

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Patient, Parent, or Authorized Guardian Signature

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Date