



## DISSOCIATIVE DISORDERS CONSULTATION GROUP ● 2023

*Sharon Knaub, M.S.Ed., LIMHP*

**First Fridays, 9:00 - 10:30 a.m.**

January 6  
May 5  
September 8

February 3  
June 2  
October 6

March 3  
no July meeting  
November 3

April 7  
August 4  
December 1

This consultation group was developed, directed, and operated for decades by Psychotherapy Associates' founder, Sheralyn Cox, Ph.D. Sherry has extensive training, mentored and taught clinicians how to work with, and successfully treated clients with severe dissociation and complex trauma. Through Dr. Cox's mentorship, Sharon has the opportunity to continue in Dr. Cox's footsteps to offer this unique clinicians' consultation group. It is open to mental health professionals who have completed Sherry's introductory or advanced seminars, or equivalent dissociation disorders training. Focus will be placed upon increasing expertise in assessment and treatment of the dissociative disorders. Group participants are invited to present cases with the goal of obtaining assistance in case analysis, treatment planning, and intervention strategy selection

Cost is \$35.00 per session attended. Group meets in Suite 312 of the Plaza Mall South professional office building, 1919 So. 40<sup>th</sup> Street, Lincoln, Nebraska 68506. Participation by Zoom is available by request for clinicians who may not be able to attend in person.

*For Information Contact:*

**PSYCHOTHERAPY  
ASSOCIATES**

(402) 475-5069 ● [sknaub@psychotherapyassoc.com](mailto:sknaub@psychotherapyassoc.com) ● [www.psychotherapyassoc.com](http://www.psychotherapyassoc.com)

Each group session meets criteria of an approved continuing education program for 1.5 CEUs for Nebraska Licensed Mental Health Practitioners, Nebraska Certified Marriage and Family Therapists, Nebraska Certified Professional Counselors, and Nebraska Certified Master Social Workers.

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Prerequisite: Advanced training in treatment of dissociative disorders, or equivalent.

Recommended Reading:

- Chu, James, Rebuilding Shattered Lives: Treating Complex PTSD and Dissociative Disorders, 2nd Edition, 2011
- Courtois, Christine & Ford, Julian, Treating Complex Traumatic Stress Disorders: An Evidence-Based Guide, 2009
- International Society for the Study of Trauma and Dissociation, Guidelines for Treatment of Dissociative Identity Disorder in Adults, Revised. 2011

Purpose of Consultation:

- Ensure quality of client care
- Increase therapist expertise and confidence in treatment of complex clients
- Decrease liability risks

Objectives:

Participants will be able to:

- Apply dissociative disorder treatment principles to clients currently in psychotherapy
- Use supervised role-play and case analysis to choose and refine treatment interventions appropriate to dissociative disorder clients
- Develop and appropriately modify individualized treatment plans for clients with dissociative disorders
- Facilitate patient progression through stages of dissociative disorder treatment

Membership Notes:

This is a professional drop-in group and group members are free to come and go as client needs dictate. We have found, however, that following the progress of a case over a period of months is a helpful learning experience and group members are urged to attend at least half of the group's monthly meetings.

Fees are \$35.00 per session attended and can be paid at each meeting or billed at the end of each month.

Because our primary learning tool will be case analysis, please come to group ready to share examples from your clinical experience. We will be using the following guidelines to protect the privileged communications and confidentiality of clients:

- Membership in the group entails a contract among members to share professional information for the purpose of consultation and to share the primary therapist's duty to protect the client's confidentiality;
- Client full names and identifying case history details will be altered to minimize potential for recognition;
- Handwriting, artwork and other client productions will be shared with the group only with the client's express consent;
- Whenever possible, the client's informed consent for therapy material to be presented in group will be obtained prior to any presentation of case material.